

INTRODUCTION

As part of the Apollo Hospitals Group, one of Asia's largest and most trusted healthcare providers, Indraprastha Apollo Hospitals brings together some of the most talented medical professionals from across the world, with the best of technology and working environment to ensure the highest standard of patient care.

It has over 50 specialties with 260 specialists, 695 operational beds, 19 operation theaters, 138 ICU beds, 24 hour Emergency Services and a round the clock pharmacy.

In keeping with our commitment to provide world class healthcare, we at Apollo bring together some of the most talented medical professionals from across the world, with the best of technology and working environment to ensure the highest standard of patient care.

The specialized eye unit equals the best in the world with a focus on superior specialty ophthalmic care.

WHAT IS A CATARACT?

A cataract is cloudiness of the normal lens of the eye. A normal lens is clear and focuses light and enables you to see. Your vision becomes blurred because the cataract is like frosted glass, interfering with your sight.



Cataracts are a normal part of aging. Over 90 percent of people, above the age of 75 years have this condition.

HOW IS A CATARACT DIAGNOSED?

A regular eye exam is all that is needed to diagnose a cataract. Your doctor will ask you to read a letter chart to see how sharp your sight is. You will probably get eye drops to enlarge your pupils (the round black centers of your eyes). This helps your doctor to see the inside of your eyes.



HOW - CATARACT TREATED?

Lens clouded by cataract



After cataract removal with the intraocular lens

A change in your glasses may help improve your vision in the early stages. With time glasses will no longer work. Then surgery is the only treatment – no medicines or drops can help. The way to surgically treat a cataract is to remove the normal lens and replace it with an artificial lens called an intraocular lens implant.



HOW DO I DECIDE WHETHER TO HAVE SURGERY?

If your vision begins to affect your life and work, surgery should be considered. You can face some of the problems.



Blurred vision effect

COMMON PROBLEMS

- Your glasses do not help you see well enough.
- Difficulty in driving – blurred vision and glare from the sun or headlights.
- You do not see well enough to do things you like to do (for example: read, watch TV, sew, play cards, and go out with family and friends)
- You are afraid you will bump into something or have a fall.

YOUR STAY AT APOLLO HOSPITALS.

We, at Apollo use the most advanced modern technique for cataract removal known as phacoemulsification. The operation involves making a tiny opening into the eye and taking the cataract out using ultrasonic power.

An artificial lens implant is then inserted into the eye in its place. We use a foldable lens, which make it possible for us to use the smallest possible incision. Usually, no stitches are needed. You do not need to be admitted for the surgery.

You can come in, have the surgery and go home the same day!

At Apollo we have state of the art diagnostic and surgical equipment with latest imported injectable intraocular lens implants. Personalized care is provided by our highly qualified surgeons and staff, so as to ensure that you are in the safest possible hands.

**Let us take care of your eyes today
You will see well into the future tomorrow**

Speciality Departments at Indraprastha Apollo Hospitals, New Delhi

- Anaesthesiology
- Biochemistry

Apollo Cancer Institute

- Medical Oncology
- Radiation Oncology
- Surgical Oncology

Apollo Cardiac Centre

- Cardiothoracic Surgery
- Electrophysiology
- Interventional Cardiology
- Non-invasive Cardiology
- Clinical Apheresis
- Clinical Pathology
- Critical Care
- Dental Surgery
- Dermatology
- Dietetics and Nutrition
- ENT
- Emergency Medicine and Trauma
- Endocrinology
- Fetal Medicine
- Gastroenterology and Hepatology
- Geriatrics
- Gynaecology and Obstetrics
- Histopathology
- Hematology
- Hyper baric Oxygen Therapy
- Immunology & Molecular Biology
- IVF
- Joint Surgery
- Multi Organ Transplantation
- Microbiology

Apollo Neurosciences Centre

- Biofeed Back
- Neurology
- Neurophysiology

- Neuroradiology
- Neurosurgery
- Nuclear Medicine
- Nephrology
- Ophthalmology
- Orthopaedics

Apollo Centre For Advanced Pediatrics

- Adolescent Medicine
- Child Psychology
- Developmental Pediatrics
- General pediatrics
- Neonatology
- Pediatric Endocrinology
- Pediatric Gastroenterology and Hepatology
- Pediatric Critical care
- Pediatric Hematology
- Pediatric Nephrology
- Pediatric Orthopedics
- Pediatric Surgery
- Physiotherapy and Rehabilitation
- Plastic surgery and Cosmetic surgery
- Psychiatry and Psychology
- Radiology
- Respiratory Medicine and Sleep medicine
- Rheumatology
- Spinal Surgery
- Transfusion Medicine
- Thoracic Surgery
- Urology and Andrology

Apollo Surgical Science Centre

- Minimal Access Surgery
- Surgical Gastroenterology
- Vascular Surgery



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ISO 9001 : 2002
1901 14001 : 2004



Apollo Hospitals Network:

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* Dubai * Hyderabad * Kolkata * Madurai * Vizag

EYE CARE CENTRE

CATARACT



Indraprastha Apollo Hospitals

touching lives